ABSTRACT

EXTRAMEDULLARY BONE MARROW TUMOR IN THALASSEMA

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This 24-year-old male thalassemia major patient was brought to our attention to be evaluated for marrow transplantation. He had been receiving regular transfusional treatment since the age of 30 months and was currently getting 2 units of pure red blood cells every two/three weeks. He had received more than 600 units of blood. Regular subcutaneous deferoxamine therapy had been continuing since the age of 15 years.

Routine chest X-rays showed a mediastinal mass caused by extramedullary erythropoietic tissue (Figures 1 and 2). This tumor mass was not causing any symptoms. The diagnosis was subsequently confirmed by chest computed tomography in his hometown.

Extramedullary erythropoiesis is an infrequent but well-recognized complication of thalassemia intermedia. It can also occur in inadequately transfused thalassemia major patients, producing bizarre radiological images. With the advent of the hyper-transfusion regimen this finding has become uncommon in developed countries. Nevertheless it is still encountered in...
selected cases, where it indicates the need for a more intense transfusional regimen.

This patient was excluded from the transplant program because of the presence, in addition to the mediastinal tumor, of severe iron overload and liver cirrhosis. He returned to his hometown with instructions to follow a high transfusion- and chelation regimen.

References


Figure 2. Lateral chest roentgenogram: direct view of the mass of erythropoietic tissue in the posterior mediastinum.