Newly diagnosed immune thrombocytopenia in children and adults, a comparative prospective observational registry of the Intercontinental Cooperative Immune Thrombocytopenia Study Group

by Thomas Kuhne, Willi Berchtold, Lisa A. Michaels, Runhui Wu, Hugo Donato, Bibiana Espina, Hannah Tamary, Francesco Rodeghiero, Meera Chitlur, Johannes Rischewski, and Paul Imbach

Haematologica 2011 [Epub ahead of print]


Publisher's Disclaimer.
E-publishing ahead of print is increasingly important for the rapid dissemination of science. Haematologica is, therefore, E-publishing PDF files of an early version of manuscripts that have completed a regular peer review and have been accepted for publication. E-publishing of this PDF file has been approved by the authors. After having E-published Ahead of Print, manuscripts will then undergo technical and English editing, typesetting, proof correction and be presented for the authors' final approval; the final version of the manuscript will then appear in print on a regular issue of the journal. All legal disclaimers that apply to the journal also pertain to this production process.

Haematologica (pISSN: 0390-6078, eISSN: 1592-8721, NLM ID: 0417435, www.haematologica.org) publishes peer-reviewed papers across all areas of experimental and clinical hematology. The journal is owned by the Ferrata Storti Foundation, a non-profit organization, and serves the scientific community with strict adherence to the principles of open access publishing (www.doaj.org). In addition, the journal makes every paper published immediately available in PubMed Central (PMC), the US National Institutes of Health (NIH) free digital archive of biomedical and life sciences journal literature.

Support Haematologica and Open Access Publishing by becoming a member of the European Hematology Association (EHA) and enjoying the benefits of this membership, which include participation in the online CME program.
Newly diagnosed immune thrombocytopenia in children and adults, a comparative prospective observational registry of the Intercontinental Cooperative Immune Thrombocytopenia Study Group

Thomas Kühne, 1 Willi Berchtold, 2 Lisa A. Michaels, 3 Runhui Wu, 4 Hugo Donato, 5 Bibiana Espina, 6 Hannah Tamary, 7 Francesco Rodeghiero, 8 Meera Chitlur, 9 Johannes Rischewski, 10 and Paul Imbach 11 on behalf of the Intercontinental Cooperative ITP Study Group

1) Department of Oncology/Hematology, University Children’s Hospital Basel, Switzerland, 2) Statistical consultant, Brugg, Switzerland, 3) Departments of Pediatrics and Medicine, UMDNJ-Robert Wood Johnson Medical School, New Brunswick, New Jersey, USA, 4) Beijing Children's Hospital, Capital Medical University, Beijing, China, 5) Hematology Oncology, Children’s Hospital, San Justo, Buenos Aires, Argentina, 6) Grupo Hematologico del Sur, Argentina, 7) Pediatric Hematology Oncology, Schneider Children's Medical Center of Israel, Petah Tiqva, Israel, 8) Department of Cell Therapy and Hematology, San Bortolo Hospital, Vicenza, Italy, 9) Division of Hematology/Oncology, Carman and Ann Adams Department of Pediatrics, Wayne State University/Children's Hospital of Michigan, Detroit, USA, 10) Department of Oncology/Hematology, Children’s Hospital Lucerne, Switzerland

Correspondence

Thomas Kühne, MD, Department of Oncology/Hematology University Children’s Hospital Basel Spitalstrasse 33, CH-4031 Basel, Switzerland. Phone: international +41.61.7041212. Fax: international +41.61.7041213. E-mail: Thomas.Kuehne@ukbb.ch
Abstract

Background
Primary immune thrombocytopenia is a bleeding diathesis with an unknown etiology in predisposed individuals with immune disturbances. Although it is claimed that children and adults differ in clinical and laboratory aspects, few data exist to corroborate this observation. Our objective was to assess comparative data from children and adults with newly diagnosed immune thrombocytopenia.

Design and Methods
Clinical and laboratory data of 1784 children and 340 adults were extracted from the Pediatric and Adult Registry on Chronic immune thrombocytopenia. The registry represents a prospective cohort of children and adults with newly diagnosed immune thrombocytopenia. Participating investigators registered their patients immediately after the diagnosis using a web based data transfer. Children aged <16 years were compared with adults aged ≥16 years with descriptive statistical analyses.

Results
The presenting mean platelet count of children and adults was 18.1 and 25.4x10⁹/l. Signs of bleeding were reported in 24% of children and in 23% of adults, and intracranial hemorrhage in 10 of 1784 children and in 6 of 340 adults. Co-morbidity was observed in 3.9% of children and in 30% of adults. Bone marrow aspiration and laboratory tests (antinuclear antibodies, human immunodeficiency and hepatitis C virus) were performed more frequently in adults. Children and adults were followed with a watch and wait strategy in 20% and in 29%. Immunoglobulins were used more frequently in children and corticosteroids in adults.

Conclusion
Comparative data of children and adults with newly diagnosed immune thrombocytopenia revealed similarities in presenting platelet counts and in bleeding, whereas differences occurred in co-morbidity, diagnostic procedures and therapy.
Introduction

Immune thrombocytopenia (ITP), formerly known as idiopathic or immune thrombocytopenic purpura, is an acquired bleeding diathesis resulting from premature platelet destruction, reduced platelet production or a combination of both (1, 2). Primary ITP is defined as isolated thrombocytopenia in the absence of an identified etiology or illness. Secondary ITP assumes the presence of a concurrent underlying disorder responsible for disturbed immune function leading to thrombocytopenia. The list of such disorders is extensive and may include autoimmune diseases (e.g. systemic lupus erythematosus or antiphospholipid syndrome), lymphoproliferative disorders, and chronic infections (e.g. Helicobacter pylori, human immunodeficiency virus or hepatitis C virus) in addition to many others (3). ITP occurs across all age groups. The estimated incidence in children is approximately 1.9 to 6.4 cases per 100,000 per year and for adults 3.3 per 100,000 per year (4). Retrospective data, consensus statements, expert opinion and textbooks suggest that childhood and adult onset ITP have distinctly different laboratory findings and clinical features (5, 6, 7, 8, 9).

Due to the rarity of ITP, and the paucity of prospective clinical trial data, the Intercontinental Cooperative ITP Study Group (ICIS) was founded in 1997 by an international panel of hematologists with the goal of establishing a worldwide network of physicians and researchers to collect data to better define the natural history of childhood ITP, in addition to questions concerning diagnosis and therapy, including early predictors of chronic ITP (www.itpbasel.ch). In 2002, ICIS established the Pediatric and Adult Registry on Chronic ITP (PARC ITP). This international, multi-center registry was designed to collect prospective laboratory and clinical data from children and adults with newly diagnosed ITP and to follow them continuously over time. The information in the database will be used to compare the laboratory and clinical features of pediatric and adult ITP, to analyse the heterogeneity and natural history of the disorder across the different age groups, to validate its diagnosis and management, and to identify new patient selection criteria for future trials.
This investigation is restricted to the query of the PARC ITP Registry assessing clinical findings at the time of initial diagnosis, with the aim to compare the differences between children and adults with ITP. The findings suggest that the differences observed between the two age groups are smaller than expected.

**Design and Methods**

Registry design

The structure of the Registry is similar to its predecessors - ICIS Registry I (10) and ICIS Registry II (11). Patient registration is based on voluntary participation by physicians involved in the management of patients with ITP worldwide. Information of the Registry was made available on the internet (www.itpbasel.ch), at scientific conferences and symposia, meetings organized by ICIS, and publication of regular newsletters and journal supplements. The ICIS questionnaires are case based, designed to collect prospective clinical and laboratory data at first presentation and throughout the course of ITP, and intended to generate hypotheses with the potential to add side-studies to the main database. The PARC-ITP Registry opened in May 2004 to obtain prospective data on the clinical presentations, natural history, and clinical course of children older than 2 months of age and adults with newly diagnosed ITP. Data was submitted electronically directly to the ICIS coordinating office in Basel, Switzerland via the internet to a secure, password protected access site (www.parc-itp.net), which was developed and is actively managed by the ICIS coordinating office. Data was compiled and stored using Microsoft Access 2003. The registry protocol received ethical approval by the Swiss Ethics Committee in Basel, Switzerland (reference EKBB 235/03) and by the local internal review boards and ethics committees of participating institutions, as per local requirements.

Registration process

Patients could be registered if the clinical impression of the local treating physician was that the diagnosis was consistent with ITP and the platelet count was less than 150 x 10⁹/L. The study protocol included the practice guidelines which were published at that time (6, 7, 12), however, diagnosis,
clinical criteria, and treatment decisions were left to the participating physician. A platelet count of less than 100 x 10⁹/l was not used, as the newer definitions of ITP (3) were published later.

Questionnaires

The questionnaire included demographic information, date of diagnosis, blood counts at diagnosis, family history of thrombocytopenia, co-morbid conditions (none, hypertension, diabetes, gastrointestinal disease, thyroid disease, cancer, alcohol abuse, cardiovascular disease and splenomegaly), concurrent medications (none, platelet antagonists, vitamin K antagonists, other anticoagulants, and anti-inflammatory agents), bleeding symptoms, details of laboratory diagnosis, transfusions, splenectomy, and medicinal treatments (intravenous immunoglobulins, corticosteroids, anti-D immunoglobulin). Details of laboratory diagnosis included complete blood counts, whether bone marrow aspiration was performed, and serology for antiphospholipid, antinuclear, and platelet associated antibodies, HIV, Hepatitis C and Helicobacter pylori (positive or negative test results). The information on methodology for each test was not collected.

Statistical analysis

Descriptive statistical analyses were used to characterize comparisons of children (age <16 years) with adults (age ≥ 16 years). PARC-ITP represents a registry with prospective observation without protocol based diagnostic and therapeutic interventions. As it reflects the actual clinical practice of a multinational group of volunteer investigators there is no mechanism guaranteed to provide a balance of the investigated parameters, thus limiting the value of formal statistical tests. To evaluate the differences of the medians between the two age groups, Mann-Whitney-U test was used when the data was assumed not to be normally distributed. Fisher’s exact test was used for classified, qualitative variables. Data were analyzed with STATA, Version 10. Due to the characteristics of this analysis, statistical inferences were not made and any p-value should just be interpreted as an indication that the differences between the observed values in each age group reach a level of significance. The data is presented in this way to enable identification of clinical or laboratory features which may differ in children and adults, and to identify therapies which may be preferred in one group or the other.
Results

At the time of this query, data was contributed by 84 investigators representing 74 participating sites in 31 countries (see acknowledgement). A total of 2124 patients with primary ITP were registered in the PARC-ITP Registry between May 1, 2004 and March 20, 2009. The number of patients enrolled varied by participating site: > 20 patients were enrolled by 29 investigators, 11 to 20 patients by 10, 6 to 10 patients by 11, and <5 patients by 15. Patients were divided by age into two groups. Children were defined as patients between the age of 3 months to 16 years, and adults by an age of ≥ 16 years. There were 1784 (84%) children and 340 (16%) adults. The mean age of children was 5.4 years (range 0.3 – 16 years) and that of adults was 39.0 years (range 16.1 – 85.8 years). See Table 1 for patient characteristics.

Self-reported ethnic background of the patients is presented in Table 1. The percentage of adults was higher in Caucasians and smaller in the other groups. In children, the male:female ratio was in favor of males, with female patients being older (p=0.001). In adults, females were more frequently seen, without a difference in age between males and females.

Co-morbidity was observed in 69/1784 children (3.9%) and in 102/340 adults (30%); (p<0.0001). More than one co-morbid condition was reported in 1 child and in 33 adults. Splenomegaly was reported in 17 children and 1 adult, challenging the diagnosis of primary ITP. Further details of the co-morbid conditions were not requested. Patients with a co-morbid condition are described in Table 1. Diabetes, gastrointestinal disease, arterial hypertension and thyroid disease occurred more often in adults. Cancer, cardiovascular disease, and splenomegaly were observed in both age groups at similar frequencies.

Concurrently used medications at the time of diagnosis were found more commonly in adults than children. 19 of 1784 children were taking anti-inflammatory drugs at the time of the diagnosis of ITP. None were taking platelet antagonists, vitamin K antagonists, or other anticoagulants. In the 340
adults, 17 were prescribed anti-inflammatory medications, 11 platelet antagonists, 4 vitamin K antagonists, and 2 were taking other anticoagulants.

A family history of thrombocytopenia was identified in 42/1784 children (2%) and in 9/340 adults (3%).

Clinical signs of bleeding were assessed by location (no symptoms, cutaneous, oral cavity, nose, menstrual, gastrointestinal, urine, intracranial, muscle, and joint) and if the specific bleeding event required medicinal treatment (intravenous immunoglobulins, corticosteroids, anti-D or combination therapy) (Table 2). Bleeding manifestations (any site) were observed more frequently in children (1629 patients, 91%) than in adults (236 patients, 69%) (p<0.0001).

A similar percentage of children and adults who had no reported signs of bleeding - 24% (37/151 children) and 23% (24/104 adults) received some form of platelet enhancing treatment. Intracranial hemorrhage occurred in 10/1784 children (0.6%) and in 6/340 adults (1.8%) (N.S.). The mean age of children with intracranial hemorrhage was 5 and that of adults was 60 years. The outcome of these patients remains unknown. When bleeding signs were analyzed in patients with a presenting platelet count less than or equal/higher than 20x10^9/l, a similar occurrence of bleeding was observed, except for muscle bleeds, which occurred more frequently at lower platelet counts (Figure 1).

The mean platelet count at diagnosis was 18.1 (range, 0-137) x 10^9/l for children and 25.4 (range, 0-133) x 10^9/l for adults. The distribution of the platelet count is displayed in Figure 2a. A platelet count of <20 x 10^9/l was found more often in children (1286/1784 children, 79%), than in adults (186/340 adult patients 58%) (p<0.0001). To compare similarity or dissimilarity of the platelet count distribution between children and adults, a quantile-quantile-plot was calculated (Figure 2b). This suggests a strong similarity of platelet counts in the low range (platelet count 0-15 x 10^9/l) of both age groups and slightly higher platelet counts in adult compared to pediatric patients above this value.
The choice of diagnostic procedure and frequency of testing differed among children and adults (Figure 3). Bone marrow examination, antinuclear antibody, HIV and Hepatitis C testing were performed more frequently (p<0.0001) in adults than in children. Bone marrow examinations were performed more frequently in patients treated with corticosteroids in contrast to other treatments in both children (78%) and adults (85%). Antiphospholipid antibody, platelet associated antibody and Helicobacter pylori testing were performed in less than 50% of patients in both age groups. Laboratory test results (children versus adults) were similar for HIV (1% versus 1%), while testing for HCV (0% versus 3%) and Helicobacter pylori (17% versus 31%) was positive more often in adults (Table 3). Antinuclear (18% versus 10%) and platelet associated antibodies (67% versus 47%) were more frequently positive in children than in adults, whereas antiphospholipid antibodies were present in children and in adults in a similar frequency (10% versus 6%).

Management of children and adults is summarized in Figure 4. Immunoglobulins were used more frequently in children, whereas adults received corticosteroids more frequently.

A sub-group analysis of children and adults who did not receive any platelet enhancing drug treatment at first presentation revealed 364 children (20%) and 100 adults (29%). The mean age of this sub-group was 6.2 years in children and 38.8 years in adults. Bleeding manifestations (any site) occurred in 250 (69%) children and in 20 (20%) adults (p <0.001). If data are analyzed in patients with a presenting platelet count of <20x10^9/l bleeding occurred in 98 children and in 3 adults. Intracranial hemorrhage was not observed in this sub-group. Overall co-morbidity was found in 16 (4%) children and in 34 (34%) adults (p <0.001). The presenting mean platelet count was 45.5x10^9/l in children and 57.9x10^9/l in adults (N.S.).

**Discussion**

Clinical and laboratory characteristics of children and adults with newly diagnosed ITP have not been studied systematically. Clinical impression and the published literature suggest that there are differences in the clinical and laboratory aspects of pediatric and adult ITP (6, 8), with variable disease
presentations, clinical outcomes, and responses to treatment. Knowledge of the similarities and differences that may exist have the potential to affect clinical practice and provide a starting point for further study of the underlying etiologies and pathophysiological causes in each age group. The PARC-ITP Registry is the first prospective collection of such clinical data, and the first which allows for direct comparison of the comparative clinical and laboratory characteristics of ITP in children and adults. In this analysis of the PARC-ITP database, the clinical and laboratory findings at initial presentation were studied and compared.

At the time of this analysis, the majority of the subjects in the Registry were children. The first ICIS registries were exclusively pediatric, consequently there was greater early involvement by pediatric investigators. However, the proportion of adult data being submitted is increasing with time, and it is expected that later queries should reflect a greater balance. Although the adult data represents only a fraction of the total, 340 subjects is a large enough sample size to make valid comparisons to the much larger pediatric population. Our data supports and confirms some previously reported observations, including the predominance of males in the pediatric age group, whereas female gender dominates among adult patients (13, 14, 15). This analysis suggest that autoimmune disorders, which are associated with female gender (16), may be an explanation for the greater number of adult women with ITP. Reasons for the observed high proportion of males in childhood ITP remain unknown (10, 14, 15).

An important finding of this analysis is the great overlap in the clinical and laboratory features of ITP at first diagnosis among children and adults. Similarities are observed in presenting platelet counts, incidence and type of bleeding when platelet counts are less than 20x10⁹/l, and reported family history of thrombocytopenia. Although bleeding occurred more frequently in children than in adults, the decision to treat was similar for both age groups. The severity of bleeding events cannot be compared since bleeding scores were not requested.
Not unexpectedly, concurrent use of medication and co-morbid disorders were reported more often for adults. In both adults and children, gastrointestinal disease was the most common associated co-morbid condition. Of note, 17 children were noted to have splenomegaly. The presence of co-morbidities, splenomegaly, and positive family history of ITP among children and adults points to the heterogeneity of ITP and suggests that the classification into primary and secondary ITP needs critical reconsideration.

With the exception of the high incidence of co-morbid conditions in adults, greatest dissimilarities between pediatric and adult ITP were different approaches to diagnostic evaluation and treatment. Adult patients had laboratory testing more often than children (Figure 3). Surprisingly, a similar proportion of children and adults were observed without active treatment, in contrast to previous published reports (6, 8). When treatment was prescribed, intravenous immunoglobulins and anti-D were used more frequently in children, while corticosteroids dominated in adults.

A registry is a scientific tool with advantages and disadvantages. As a consequence the data collected by the PARC-ITP does have some limitations. A great advantage of a registry is the ability to use it collaboratively, in a multinational setting, to collect data from a large number of patients with rare disorders in a relatively short interval of time. The information gathered can then be used to develop scientific questions for further study, and the database adapted to focus on specific areas of study based on new ideas or important findings. It also serves as a valuable tool to develop better definitions of inclusion and exclusion criteria for clinical study by clarifying the characteristics of the population to be evaluated. Although these benefits are well suited to the study of ITP, there are trade-offs. Disadvantages of a registry include the large numbers of different individuals entering data, reducing inter-rater reliability and reduced data quality, as well as the inability to directly compare the data to that collected in a clinical trial. This Registry, being case based, and dependent upon voluntary contributions from investigators with very different clinical practices across 31 countries may be affected by a multitude of factors. PARC-ITP has worked to maximize data quality with regular
assessment of information being submitted, ongoing refinement of the software, scheduled interim analyses, and knowledge of participating investigators and their sites.

In summary, it is increasingly recognized that ITP represents a spectrum of disorders, all having in common the immune mediated destruction or impaired production of platelets resulting in thrombocytopenia. While different, pediatric and adult ITP have overlapping clinical characteristics, and the differences have been emphasized. The results of this analysis suggest that the differences at initial presentation may be less than previously recognized. Children and adults have comparable initial platelet counts, bleeding symptoms with platelet counts less than \(20 \times 10^9/l\), and similar likelihood to be treated for bleeding. The PARC-ITP Registry data may serve as a source of information to understand the demographic, clinical and laboratory aspects of ITP, and to serve as a base for designing future clinical trials.

Acknowledgement
We thank all patients who participated and still participate in the PARC-ITP Registry and the staff of the participating institutions. We are indebted to Verena Stahel, Caroline Asal Martin and Monika Imbach for data administration and secretarial work. We thank all following investigators of the PARC-ITP Registry who support ICIS and generously provided us with their patient data:

Appendix
The list of participating physicians (Intercontinental Cooperative ITP Study Group (ICIS) investigators) is as follows:

**Argentina:** Donato Hugo, Elena Graciela, Espina Bibiana, Graciera Alfonso, Kohan Regina, Lavergne Marta, Picón Armando Oscar, Pierdominici Marta, Rapetti Maria Cristina, Riccheri Cecilia, Schvartzman Gabriel. **Austria:** Minkov Milen, Trebo Monika. **Belarus:** Uglova Tatjana. **Cambodia:** Devenish Robyn, Sophâl Chean. **Canada:** Blanchette Victor, Cham Bonnie, Eisenstat David, Israels Sara, Klaassen Robert, Lee David, Lillicrap David, McCusker Patricia, Silva Mariana, Yanofsky Rochelle. **China:** Wu Runhui, Yu Ziqiang. **Croatia:** Roganovic Jelena. **Denmark:** Kjaersgaard Mimi.

Funding
The registry is supported in part by grants from the ITP Foundation Darien, CT, USA, Eduard Waeffler-Ludwig Stiftung, Basel, and University Children’s Hospital Basel, University of Basel

Authorship and disclosures
TK is the principal investigator and takes primary responsibility for the paper. LAM, RW, HD, BE, HT, FR, MC, JR recruited patients and participated in manuscript editing, WB participated in the
statistical analysis, TK and PI coordinated the research and participated in the conception of the registry, and TK wrote the paper. TK and PI reports that their institution has received payment from Amgen, Roche and GSK. FR is in the speakers' bureau and in the scientific advisory boards for Amgen and GSK. HD received payment for development of educational presentations, MC indicated consultancy for Bayer and received grants from NovoNordisk, Baxter, CSL Behring, Covance and Rho Inc., LAM indicated consultancy for NovoNordisk and is currently employed by Bayer, BE, WB, JR, HT, RW reported no potential conflicts of interest.

**References**


Table 1. Patient characteristics.

<table>
<thead>
<tr>
<th></th>
<th>Children</th>
<th>Adults</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of males (percentage)</td>
<td>965 (54)</td>
<td>110 (32)</td>
</tr>
<tr>
<td>Number of females (percentage)</td>
<td>819 (46)</td>
<td>230 (68)</td>
</tr>
<tr>
<td>Mean age of males (range)</td>
<td>5.0 (0.3 – 15.8) years</td>
<td>41.0 (16.1 – 85.8) years</td>
</tr>
<tr>
<td>Mean age of females (range)</td>
<td>6.0 (0.3 – 16.0) years</td>
<td>37.0 (16.3 – 84.6) years</td>
</tr>
<tr>
<td>Mean age males versus females</td>
<td>P&lt;0.001</td>
<td>N.S.</td>
</tr>
</tbody>
</table>

Self-reported ethnic background (Percentage)

<table>
<thead>
<tr>
<th></th>
<th>Children</th>
<th>Adults</th>
</tr>
</thead>
<tbody>
<tr>
<td>Caucasian</td>
<td>813 (46)</td>
<td>213 (63)</td>
</tr>
<tr>
<td>Asian/Indian</td>
<td>483 (27)</td>
<td>55 (16)</td>
</tr>
<tr>
<td>Hispanic, Spanish, Latino</td>
<td>379 (21)</td>
<td>52 (15)</td>
</tr>
<tr>
<td>Africa</td>
<td>53 (3)</td>
<td>6 (2)</td>
</tr>
<tr>
<td>Identity not reported</td>
<td>56 (3)</td>
<td>14 (4)</td>
</tr>
</tbody>
</table>

Co-morbidity (Percentage)

<table>
<thead>
<tr>
<th></th>
<th>Children</th>
<th>Adults</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cancer</td>
<td>3 (0.2)</td>
<td>1 (0.3)</td>
</tr>
<tr>
<td>Cardiovascular disease</td>
<td>9 (0.5)</td>
<td>3 (0.9)</td>
</tr>
<tr>
<td>Diabetes</td>
<td>4 (0.2)</td>
<td>4 (1.2)</td>
</tr>
<tr>
<td>Gastrointestinal disease</td>
<td>13 (0.7)</td>
<td>12 (3.5)</td>
</tr>
<tr>
<td>Arterial hypertension</td>
<td>1 (0.06)</td>
<td>23 (6.8)</td>
</tr>
<tr>
<td>Splenomegaly</td>
<td>17 (1.0)</td>
<td>1 (0.3)</td>
</tr>
<tr>
<td>Thyroid disease</td>
<td>6 (0.3)</td>
<td>19 (5.6)</td>
</tr>
</tbody>
</table>
Table 2. Bleeding signs and treatment of children and adults (number with percentage in parentheses).

<table>
<thead>
<tr>
<th>Site of Bleeding</th>
<th>Children</th>
<th>Adults</th>
<th>P-Values$^\S$</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>N</td>
<td>Untreated*</td>
<td>Treated*</td>
</tr>
<tr>
<td>No bleeding</td>
<td>151</td>
<td>114 (76)</td>
<td>37 (24)</td>
</tr>
<tr>
<td>Cutaneous</td>
<td>1529</td>
<td>347 (23)</td>
<td>1182 (77)</td>
</tr>
<tr>
<td>Oral</td>
<td>335</td>
<td>53 (16)</td>
<td>282 (84)</td>
</tr>
<tr>
<td>Nose</td>
<td>357</td>
<td>88 (25)</td>
<td>269 (75)</td>
</tr>
<tr>
<td>Menstrual</td>
<td>39</td>
<td>11 (28)</td>
<td>28 (72)</td>
</tr>
<tr>
<td>Gastrointestinal</td>
<td>52</td>
<td>13 (25)</td>
<td>39 (75)</td>
</tr>
<tr>
<td>Urine</td>
<td>44</td>
<td>9 (20)</td>
<td>35 (80)</td>
</tr>
<tr>
<td>Intracranial</td>
<td>10</td>
<td>5 (50)</td>
<td>5 (50)</td>
</tr>
<tr>
<td>Muscle</td>
<td>20</td>
<td>6 (30)</td>
<td>14 (70)</td>
</tr>
<tr>
<td>Joint</td>
<td>9</td>
<td>8 (89)</td>
<td>1 (11)</td>
</tr>
</tbody>
</table>

$^\S$ Untreated and treated children and adults were compared using Fisher’s exact test

* Investigators were asked in the questionnaire, whether patients experienced bleeding and if so, what type of bleeding was observed and whether this bleeding was treated by platelet enhancing drugs.
Table 3. Laboratory test results at first presentation of children and adults (percentage in parentheses).

<table>
<thead>
<tr>
<th>Test</th>
<th>Children</th>
<th>Adults</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Negative</td>
<td>Positive</td>
</tr>
<tr>
<td>Antiphospholipid abs.</td>
<td>278 (90)</td>
<td>30 (10)</td>
</tr>
<tr>
<td>Antinuclear abs.</td>
<td>610 (82)</td>
<td>137 (18)</td>
</tr>
<tr>
<td>Platelet associated abs.</td>
<td>151 (33)</td>
<td>302 (67)</td>
</tr>
<tr>
<td>HIV</td>
<td>834 (99)</td>
<td>6 (1)</td>
</tr>
<tr>
<td>Hepatitis C</td>
<td>788 (100)</td>
<td>1 (0)</td>
</tr>
<tr>
<td>Helicobacter pylori</td>
<td>197 (83)</td>
<td>41 (17)</td>
</tr>
</tbody>
</table>

abs: antibodies
Figure 1.

Black bars (from left, 0%, to the right, 100%) indicate patients with a presenting platelet count of <20x10^9/l, and white bars (from right, 0%, to the left, 100%) patients with a presenting platelet count of ≥20x10^9/l. c = children, a = adults.

Figure 2a.
Platelet count of children and adults at the time of ITP diagnosis. The red vertical line indicates a platelet count of 20^9/l.

Figure 2b.
Platelet counts of children and adults at the time of the diagnosis of ITP are plotted as quantile-quantile plot to compare the distribution of platelet counts of children and adults. A logarithmic scale was chosen, in order to highlight platelets <50 x 10^9/l. With equal size of the number of observations (N) for children and adults, each data set is ranked from the smallest to the highest value. This gives N pairs (x,y) from (x_min, y_min) to (x_max, y_max) and each pair is a point in the quantile-quantile-plot. If the two distributions are similar, the points occur approximately on the diagonal of the plot. For unequal size of the two data sets interpolation to the same quantile is used.

Figure 3.
Black bars (from left, 0%, to the right, 100%) indicate the percentage of patients in whom a given laboratory test was performed and white bars (from right, 0%, to the left, 100%) indicate the percentage of patients in whom that given test was not performed. Test results are presented in Table 3. c = children, a = adults.
Figure 4.
Percentage of children (white bars) and adults (black bars) is shown according to their initial management. Observation without active treatment, intravenous immunoglobulins (IVIG), corticosteroids (CS), anti-D antibodies (anti-D).
Figure 1. Percentage of patients with and without bleeding in children (c) and adults (a) according to a presenting platelet count of < or ≥ 20x10^9/l
Figure 2a. Platelet count of children and adults at the time of the diagnosis of ITP.
Figure 2b. Platelet counts of children and adults at the time of the diagnosis of ITP plotted as quantile-quantile plot.
Figure 3. Laboratory tests: Percentage of children (c) and adults (a).
Figure 4. Initial management of children and adults with ITP.